

Dining Room Menu – Aug/Sept 2019



MPLS 1984

HEILICHER

JEWISH DAY SCHOOL

Daily Offerings;

Fresh Salad Bar with salad toppings,
protein options, fresh cut fruit and
much more

Bagels, Bread, Cream Cheese, Sun
Butter, Jelly and Cereal w/milk

Questions or concerns, please
contact: lkaplan@hmjds.org

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Cheese Quesadillas Spanish Rice Pinto Beans Roasted Zucchini	Belgian Waffle Breakfast "Sausage" Cheese Quiche Applesauce	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Spaghetti with Marinara Sauce Stewed Chickpeas Veggies and Dip Cheesy Breadstick	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
NO SCHOOL	Breakfast Sandwich Veggie Sausage Patty Breakfast Potatoes Apple Slices	Veggie Burger with Cheese French Fries Lentil Soup Watermelon	Macaroni and Cheese Buttered Peas Tuna Salad Warm Roll	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
"Chicken" Nuggets Mashed Potatoes Glazed Carrots Cottage Cheese	French Toast Cheese Eggs Fresh Fruit Yogurt	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Pasta with Alfredo Sauce Baked Salmon Fresh Green Beans Mandarin Oranges	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Cheese and Bean Tacos Spanish Rice Sweet Corn Egg Salad	Vegetable Lo mein with Edamame Sesame Eggplant Pineapple	Homemade Chili Cheese Nachos Guacamole Chocolate Pudding	Baked Ziti Pasta Caesar Salad Garlic Cheese Bread Egg Salad	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
"Chicken" Patty Sandwich Sweet and Sour Slaw Veggie Rice Soup Potato Chips	Frittata w/Cheese and Veggie "Sausage" Hash browns Garden Salad Cottage Cheese	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	NO LUNCH Conferences	NO SCHOOL