



January 2023 Lunch Menu



Daily Choices will also be served with a complete salad bar containing fresh fruits, vegetables, mixed salad and protein options.

Alternative Bar will have bagel, cream cheese, cereal and milk.

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
No School	Belguin Waffles Breakfast Sausages Cheese Sticks Applesauce	Grilled Cheese Tomato Soup Ceasar Salad Pretzels & Hummus Apples	Pasta with Alfredo Sauce Green Beans Tuna Salad Fresh Grapes	Homemade Cheese Pizza Mixed Salad Fresh Fruit Ice Cream Cup
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Chix Nuggets Roasted Potatoes Glazed Carrots Applesauce	Homemade Chili with Cheese Cornbread Banana	Egg and Cheese Crossiant Ceasar Salad Granola Bar Yogurt & Apples	Pesto Pasta Green Beans Hard Boiled Eggs Greek Salad	No Lunch Early Dismissal
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
No School MLK Day	English Muffin with Egg, Cheese & "Sausage" Breakfast Potatoes Applesauce	Grilled Cheese Tomato Soup Ceasar Salad Pretzels & Hummus Apples	Lasagna Warm Breadstick Koaher Cobb Salad Orange Slices	Homemade Cheese Pizza Mixed Salad Fresh Fruit Ice Cream Cup
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
French Toast Cheese Eggs Fresh Melon Carrots & Ranch	Meatball Sandwich Vegetable Soup Yogurt Cup Banana	Cheese Quesadilla Tortilla Chip, Salsa & Guacamole Pineapple Cup Mexican Coleslaw	Pasta with Red Sauce Stewed Chickpeas Veggies and Dip Cup Fresh Grapes	Homemade Cheese Pizza Mixed Salad Fresh Fruit Ice Cream Cup
Monday 30	Tuesday 31	Wednesday Feb 1	Thursday Feb 2	Friday Feb 3
Breakfast Burrito w/Egg, "Sausage" & Cheese Breakfast Potatoes Applesauce Cucumbers	Corndogs Sweetcorn Chowder Veggie and Dip Cups Orange Slices	Grilled Cheese Tomato Soup Ceasar Salad Pretzels & Hummus Apples	Falafel Pita & Hummus Isreali Salad Fresh Grapes	No Lunch Early Dismissal