



MPLS 1984

HEILICHER

JEWISH DAY SCHOOL

Meat Days:

Monday and Tuesday (milk will not be served)

Dairy Days:

Wednesday, Thursday, and Friday (milk will be served)

NOTE: Menu is subject to change

Full Lunch Prices

| | |
|------------|--------|
| Grades K-4 | \$4.50 |
| Grades 5-8 | \$5.50 |
| Adult | \$5.50 |

A La Carte Menu Items and Salad Bar also available.

Questions or concerns, please contact: [Liz Kaplan](#)

**Effective August 28, 2017, all dining room purchases will be transacted through [MySchoolAccount.com](#).*

Dining Room Menu – January 2018

| 1 MONDAY | 2 TUESDAY | 3 WEDNESDAY | 4 THURSDAY | 5 FRIDAY |
|---|---|--|---|---|
| No School | No School | No School | Cheese Quesadillas Spanish Rice Pinto Beans | Cheese Pizza Slice Garden Salad Bar Ice Cream Treat |
| 8 MONDAY | 9 TUESDAY | 10 WEDNESDAY | 11 THURSDAY | 12 FRIDAY |
| Hot Dogs Baked Beans Corn on the Cob | Homemade Chicken Soup Warm Roll Fresh Fruit | Grilled Cheese Creamy Tomato Soup Fruit Yogurt Cookie | Buttermilk Pancake Cheesy Eggs Veggie Sausage Fresh Fruit | Cheese Pizza Slice Garden Salad Bar Ice Cream Treat |
| 15 MONDAY | 16 TUESDAY | 17 WEDNESDAY | 18 THURSDAY | 19 FRIDAY |
| Ground Turkey Tacos Spanish Rice Sweet Corn | Spaghetti with Meat Sauce Breadsticks Side Salad | Grilled Cheese Creamy Tomato Soup Fruit Yogurt Cookie | Homemade Macaroni and Cheese Buttered Peas Fresh Fruit | Cheese Pizza Slice Garden Salad Bar Ice Cream Treat |
| 22 MONDAY | 23 TUESDAY | 24 WEDNESDAY | 25 THURSDAY | 26 FRIDAY |
| Hamburgers French Fries Lettuce, Tomato and Pickles | Chicken Drumettes Mashed Potatoes Fresh Green Beans | Grilled Cheese Creamy Tomato Soup Fruit Yogurt Cookie | Cheese Quiche Breakfast Potatoes Fresh Fruit | Cheese Pizza Slice Garden Salad Bar Ice Cream Treat |
| 29 MONDAY | 30 TUESDAY | 31 WEDNESDAY | 1 THURSDAY | 2 FRIDAY |
| Ground Turkey Tacos Spanish Rice Sweet Corn | Chicken Fried Rice Mini Eggrolls Fresh Pineapple | Grilled Cheese Creamy Tomato Soup Fruit Yogurt Cookie | Fettuccine Alfredo Roasted Vegetables Fresh Fruit | Cheese Pizza Slice Garden Salad Bar Ice Cream Treat |