

April 2019 Dining Room Menu



MPLS 1984

HEILICHER

JEWISH DAY SCHOOL

Daily Offerings;

Fresh Salad Bar with salad toppings,
protein options, fresh cut fruit and
much more

Bagels, Bread, Cream Cheese, Sun
Butter, Jelly and Cereal w/milk

Questions or concerns, please
contact: lkaplan@hmjds.org

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
"Chicken" Nuggets Mashed Potatoes Glazed Carrots Cottage Cheese	French Toast Cheese Eggs Fresh Fruit Yogurt	Veggie Burger with Cheese French Fries Creamy Squash Soup Hummus	Spaghetti with Marinara Sauce Stewed Chickpeas Veggies and Dip Cheesy Breadstick	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Cheese and Bean Tacos Spanish Rice Sweet Corn Egg Salad	Vegetable Lo mein with Edamame Sesame Eggplant Pineapple	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Pasta with Alfredo Sauce Baked Salmon Fresh Green Beans Mandarin Oranges	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Cheese Quesadillas Spanish Rice Pinto Beans Roasted Zucchini	Belgian Waffle Breakfast Sausage Cheese Quiche Applesauce	Homemade Chili Cheese Nachos Guacamole Chocolate Pudding	Pasta with Salsa Rosa Ratatouille Breadstick Pineapple	NO SCHOOL
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
MONDAY 29	TUESDAY 30	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
NO SCHOOL	"Chicken" Patty Sandwich Sweet and Sour Slaw Veggie Rice Soup Potato Chips	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Baked Ziti Pasta Caesar Salad Garlic Cheese Bread Egg Salad	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream