

May/June 2019 Dining Room Menu



MPLS 1984

HEILICHER

JEWISH DAY SCHOOL

Daily Offerings;

Fresh Salad Bar with salad toppings,
protein options, fresh cut fruit and
much more

Bagels, Bread, Cream Cheese, Sun
Butter, Jelly and Cereal w/milk

Questions or concerns, please
contact: lkaplan@hmjds.org

MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
Corn Dog Corn on the Cob Twice Baked Potato Bake Marinated Cucumbers	Frittata w/Cheese and Veggie Sausage Hash browns Garden Salad Cottage Cheese	Caprese Flatbread Vegetable Noodle Soup Apple Sauce Cucumbers with Ranch	Israeli Day Falafel with Pita Israeli Salad French Fries Watermelon	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
Veggie Burger with Cheese French Fries Creamy Squash Soup Hummus	Veggie Fried Rice "Chicken" Nuggets Sesame Green Beans Fresh Fruit	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Fish Cakes with Tartar Sauce Mashed Potatoes Buttered Peas Greek Salad	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Cheese Quesadillas Spanish Rice Pinto Beans Roasted Zucchini	Belgian Waffle Breakfast "Sausage" Cheese Quiche Applesauce	Homemade Chili Cheese Nachos Guacamole Pineapple	Macaroni and Cheese Buttered Peas Tuna Salad Smores	All School Lunch Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
NO SCHOOL	Breakfast Sandwich Veggie Sausage Patty Breakfast Potatoes Apple Slices	Grilled Cheese Creamy Tomato Soup Pasta with Pesto Cookie	Spaghetti with Marinara Sauce Stewed Chickpeas Veggies and Dip Cheesy Breadstick	Maccabi Games All School Meal
MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
"Chicken" Nuggets Mashed Potatoes Glazed Carrots Cottage Cheese	French Toast Cheese Eggs Fresh Fruit Yogurt	Cheese Pizza Fresh Fruit Chef Salad w/Cheese Ice Cream	Early Dismissal	Have a Great Summer!